Raise Your Game: Play with confidence

PARENT GUIDE
Preteen



this week's

video!

Confidence: Living like you believe God is with you

Memory Verse

"So we say with confidence, 'The Lord is my helper; I will not be afraid." Hebrews 13:6a, NIV

Bible Story

Peter and John Are Taken to the Sanhedrin Acts 3:1–4:21

Key Question

When have you felt under pressure?

Use this guide to help your family learn how God can give us confidence.

Activity

Rockin' Reminder

What You Need:

several rocks, paint and paint brushes OR markers

What You Do:

Find several rocks that are small enough to fit inside someone's pocket but big enough to decorate. Wash the rocks and dry them off. Invite your child to spend time with you, decorating the rocks with paint or markers. Write "Hebrews 13:6" on at least one rock. As you decorate, talk about the Bible story using the questions below.

When you are finished, tell your child, "I want you to take this rock with you everywhere you go as a reminder that God is always with You."

Talk About the Bible Story

When have you felt under pressure?

How can believing God is with you give you confidence?

Is it easier to remember that God is with you when things are going well or when things are going badly?

What can you do to remind yourself that God is with you no matter what?

Parent: Share about a time you had to choose to be bold. Maybe it was a time you had to stand up for a classmate or neighbor or had to choose to include someone who was left out even though others were ignoring them. Help your child see that being bold takes confidence and our confidence comes from knowing God is with you no matter what.



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, thank You that You never change. You are always with us. You remain constant, even when life changes. You are with us through every single big decision and every single small decision. We can be confident knowing that You are with us. Thank You. I love You! Amen."