

Summer's Last Blast: Preteen Retreat



Ceta Canyon Camp and Retreat Center August 7-8

FORMS

Challenge Course Release Form--This is required for those who want to participate in the zip line activity.

THF Release Form--This is completed online only.

You can find these forms on the THF Kids Website. We will also have the Ceta Canyon form available at check-in, on August 7, if you are unable to print and complete them ahead of time.

ARRIVAL AND CHECK-IN

Meet at The Heights Fellowship on Monday, August 7, at 1:00pm. We will check-in on the East side of the building, under the awning.

Vans will leave THF at 1:30pm.

RETURN AND PICK UP

We will return to THF on Tuesday, August 8, at 6:30pm.

WHAT TO LEAVE AT HOME

- Electronics
- Water Guns
- Cell Phones
- Valuables
- Toys
- Money

WHAT TO BRING

- Bible and pen
- Swimsuit (Girls--modest one piece or tankinis that cover the stomach; Boys--no speedos)
- Towel
- Plastic bag for wet clothes
- Sunscreen
- Bug Spray
- Flashlight
- Shoes that can be worn to the pool and water activities
- Tennis shoes (for all activities)
- Change of clothes for Tuesday
- Pajamas
- Toiletries (Deodorant, toothbrush, toothpaste, etc.)
- Bedding (pillow, sleeping bag OR sheets for a twin mattress)
- Medication (Please bring typed instructions so we can give this to your child at required times.)
- Water bottle

***PLEASE MAKE SURE THAT ALL ITEMS ARE CLEARLY LABELED WITH THE PRETEEN'S NAME.

CONTACT US

Please feel free to contact us with any questions or concerns. Cell phone service at the camp will be limited. Please contact Ceta Canyon in case of emergency.

Joy Urlaub
806-670-5963

Ceta Canyon
806-488-2268